



Discover more about Sharpham Estate Open Weekend - 27 & 28 June 2009



The Sharpham Estate is just down river from Totnes, on the River Dart.

On our summer Open Weekend, every part of the estate will be open. You'll be able to visit the farms, take a stroll through the vineyard, and admire the beautiful interior of the Main House, all for free!

See at first hand, the holistic, sustainable approach that Sharpham takes to all areas of its work and life. Come and talk with the people who are based here to find out more about the aspirations of this beautiful estate on the banks of the river Dart. A full programme is overleaf.

Make your journey memorable by arriving by water taxi (tel: 07814 954869) to our North Quay, or cycle or walk along the carriage drive or lower footpath from Totnes. For an unusual experience why not take a Totnes Rickshaw run on recycled cooking oil! (tel: 07943 854157). Car parking will also be available. Please observe 20mph speed limit through Ashprington.

Sharpham House, Ashprington, Totnes, Devon
TQ9 7UT tel: 01803 732542

www.sharphamtrust.org
Some images courtesy of Lorna Yabsley



Saturday 27 and Sunday 28 June

Open all day on both days

Sharpham House (Main House) - exhibition and sale of basketry and willow work. Refreshments available on the terrace. See blackboard in the hall for timetabled activities and any updates. **View from the Boathouse** - A specially bound, limited edition collection of newly published poems by Brian Patten, with drawings by Sarah Gillespie will be exhibited and will be for sale.

The Walled Garden - meet Ben, Sharpham's Gardener, and see the historic heated growing chambers. See board for garden activities. Plants for sale.

Higher and Lower Sharpham Barton, bio-dynamic farms - walk or cycle along the cycle path or check the blackboard for minibus timetable from Sharpham House. Cream Teas and Farm Produce for farm visits, cream teas and sales of farm produce until 4pm.

The Vineyard Winery and Café - fabulous food, wines and tours. Please book tours: 01803 732203 Café: 01803 732178

Saturday 27 June 10am – 8.30pm

River access to Sharpham North Quay until 1.30pm.

Canoe 11am – 1pm Taster sessions with David Stacey – sign up in the Main House. £5. Depart from North Quay, weather dependent.

Talk 11am – 12.30pm Are you paying attention? Buddhist and Secular Approaches to Mindfulness with Dr John Peacock in Tuesday Room, Sharpham House. Donations please.

Tour: Vine to Wine 11am – 1pm Includes vineyard walk, wine and cheese tasting. Meet at the Winery. £5

Willow Weaving 11am – 1pm with Angela Holland at the willow bed. Meet at the Main House or drop in at the willow bed during the session. £2

Swim 12pm – 4pm Walled Garden area. Sharpham swimming pool open.

Lunch - At the Vineyard Café or light lunches at Sharpham House.

Talk 2pm – 3pm Sharpham House and Its People - a history of the house from the 12th Century with local historian Elizabeth Jarrold in Tuesday Room, Sharpham House.

Art 2pm – 4pm The Alchemy of Plants: Earth Pigment Painting on canvas and willow shields with Ranger, Cat Rance. Sharpham Garden - Under the Yew Tree - or inside if wet. £2

Walk 2.30pm – 3.30pm Wetland Wildlife Walk at low tide with our Volunteers' Project Manager Jack Skuse. Meet at Main House.

Mindfulness Taster: 3.45 – 4.45pm An introduction to mindfulness for health and wellbeing in the Tuesday Room, Sharpham House.

Supper from 6 – 7.30pm in Sharpham House.

Storytelling 7.30pm – 8.30pm with Spindle Wayfarer for all ages around the campfire at the Quarry or inside if wet.

Bed and Breakfast in Sharpham House.

Booking essential 01803 732542.

Sunday 28 June 10am – 5pm

River access to Sharpham North Quay until 2.30pm

Discover The Barn 10am - 12pm Meet the Barn managers. See the retreat and gardens. Find out about a Barn retreat.

Meditation 10am – 10.45am Start the day with some quiet time for reflection. All welcome in the Tuesday Room.

Canoe 11am – 1pm Taster sessions – sign up in the Main House. £5. Depart from North Quay, weather dependent.

Creative Writing 11am – 1pm Writing the Bright Moment with Roselle Angwin in the Tuesday Room, Sharpham House. Donations please.

Tour: Vine to Wine 11am – 1pm Includes vineyard walk, wine and cheese tasting. Meet at the Winery. £5

Walk 11am – 1pm Guided walk along the old Georgian Carriage Drive. Walk beside haha walls and along wooded riverbanks.

Art 11am – 1pm The Alchemy of Plants: Earth Pigment Painting on canvas and willow shields with Ranger, Cat Rance. Sharpham Garden - Under the Yew Tree - or inside if wet. £2

Swim 12pm – 4pm Walled Garden area. Sharpham swimming pool open

Lunch - At the Vineyard Café or light lunches at Sharpham House.

Willow Weaving 2pm – 4pm with Vivian Turner at the willow bed. Meet at the Main House or drop in at the willow bed during the session. £2

Courtyard Play 3pm Short Shrifts by Peter Oswald is an outbreak of brief dramas written for Heart's Tongue Theatre. Each Shrift is a play disguised as a comedy sketch, or vice versa. In between the Shrifts are poems ranted by Mr Oswald and perfumes of musical irrelevance by Martin Holland. Meet in the Courtyard behind Sharpham House. Donations Please

Tour: Vine to Wine 3pm – 5pm Includes vineyard walk, wine and cheese tasting. Meet at the Winery. £5